

Lady Warbird Volleyball Rules

Athletes and Parents

*All athletes must have a current athletic physical on file with the school before they may begin practice. Please check with Ms. Boomsma if you aren't sure about your physical.

*Attending practice is required.

*You must complete at least 10 practices before you may compete in a match

*If a medical provider's note explains you will have to miss practice or matches due to an injury or illness, you must get a release note from the doctor before you will be allowed to participate.

*Acceptable reasons to miss practice/matches could be but are not limited to: illness, doctor or dentist appointments (please get a note from your doctor or parent and let me know ahead of time), working with a teacher (please let the coach know before practice), weddings, funerals, family emergencies, school activities

*If you miss practice/matches without an acceptable reason, these steps will be followed: 1st time – sit out one game, 2nd time – sit out one match, 3rd time – off the team

*There will be consequences for getting detention and minor infractions. This will be at the coach's discretion.

*Practice schedules will be sent home each week so you and your child will know when practices are scheduled. This schedule will also have matches and bus times on it. Please make sure your child gets to practice or the bus on time and is picked up on time.

*Playing time and position is the coaches' decision and will not be discussed with parents. However, it is encouraged for the athlete to discuss with the coaches their concerns about developmental skills and position.

*Please contact me if you have any questions or concerns. My email address is lindy.uttecht@k12.sd.us and cell phone number is 870-0769.

This form must be signed by both a parent and athlete by the end of the first week of volleyball. Signing this form signifies the understanding by both the athlete and the parents of the 2016 volleyball rules.

Parent Signature_____

Athlete Signature_____