

# Lady Warbird Volleyball Rules

## Athletes and Parents

\*All athletes must have a current athletic physical on file with the school before they may begin practice. Please check with Mrs. Boomsma-Kelsey if you are not sure about your physical.

\*Attending practice and matches is required.

\*You must complete at least 10 practices before you may compete in a match

\*If a medical provider's note explains you will have to miss practice or matches due to an injury or illness, you must get a release note from the doctor before you will be allowed to participate.

\*If your child uses an inhaler, please make sure they bring it to every practice and match.

\*Your child will be allowed 5 absences before being removed from the team for the rest of the season. This includes practices and matches. Prolonged absences will be handled on an individual basis. There will be non-mandatory practice days where your child can make up time if she chooses to do so. School events, church, and dual sports will not count as absences, but please let the coaches know when you will be gone for those things.

\*There will be consequences for getting detention. This will be at the coach's discretion.

\*Practice schedules will be sent home and posted on the website each week so you and your child will know when practices are scheduled. This schedule will also have matches and bus leave times on it. Please make sure your child gets to practice or the bus on time and is picked up on time.

\*Playing time and position is the coaches' decision and will not be discussed with parents. However, it is encouraged for the athlete to discuss with the coaches their concerns about developmental skills and position.

\*Please contact me if you have any questions or concerns. My email address is [lindy.uttecht@k12.sd.us](mailto:lindy.uttecht@k12.sd.us) and cell phone number is 870-0769.

This form must be signed by both a parent and athlete by the end of the first week of volleyball. Signing this form signifies the understanding by both the athlete and the parents of the 2017 volleyball rules.

Parent Signature\_\_\_\_\_

Athlete Signature\_\_\_\_\_