



MEAL PRICES	
<u>BREAKFAST</u>	<u>LUNCH</u>
K-4 \$1.30	K-4 \$2.65
5-12 \$1.30	5-12 \$2.90
Adult \$1.55	Adult \$4.40
Extra Milk \$.40	Extra HS meal \$1.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 Granola & Yogurt Chicken Tenders, Mashed Potatoes & Gravy & Wheat Dinner Roll	5 Bagel or Toast & Cereal Super Nachos, Black Bean Salsa, Mandarin Oranges	6 Bagel or Toast & Cereal Sloppy Joes & Tritater	7 Rolls Chicken Fajitas, Roasted Peppers & Onions	8	9
10	11 Pancakes Hamburger & Potato Smiles	12 Bagel or Toast & Cereal Italian Dunkers, Marinara Sauce & Rosy Applesauce	13 French Toast Sticks Warbird Sub, Baked Beans & Chips	14 Blueberry Muffin & Yogurt Christmas Dinner Creamed Turkey, Baking Powder Biscuits, Peas, Sweet Potatoes, Cranberries & Cookie Salad	15	16
17	18 Bagel or Toast & Cereal Chicken Sandwich & Sweet Potato Fries	19 Scrambled Eggs & Toast Chili & Cheese Hot Dogs	20 Bagel or Toast & Cereal Tacos & Refried Beans	21 Bagel or Toast & Cereal Pepperoni Pizza, Jello, Corn & Cookie	22	23
24	25 <i>Merry</i> CHRISTMAS	26	27	28	29	30

**** Chef Salads are offered every day ****

Unlimited fruits and vegetables are included in the lunch menu daily

Milk, orange juice or apple juice is served with breakfast daily

FRESH VEGETABLE CHOICES:

CAULIFLOWER, BROCCOLI, LETTUCE, PEPPERS, CARROTS, AND SPINACH LEAVES

FRESH FRUIT CHOICES

APPLES & ORANGES

MILK CHOICES

1% AND FAT FREE WHITE MILK WITH THE LUNCH MENU EVERYDAY!

FAT FREE CHOCOLATE MILK WILL ALSO BE A CHOICE ON THE LAST DAY OF THE WEEK.



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Bagel or Toast & Cereal Chili & Cornbread	2 Bagel or Toast & Cereal Pizza & Jello	3	4
5	6 Granola & Yogurt Chicken Nuggets, Mashed Potatoes & Gravy & Dinner Roll	7 Bagel or Toast & Cereal Walking Tacos & Black Bean Salsa	8 Pancakes & Fruit Chili Cheese Hot Dogs	9 Rolls & Fruit Hamburgers & Potato Smiles	10	11
12	13 Bagel or Toast & Cereal Sloppy Joes & Baked Beans	14 Biscuit and Gravy Meatball Subs & Pasta Salad	15 French Toast Sticks Italian Dunkers & Applesauce	16 Blueberry Muffin & Yogurt Thanksgiving Dinner Ham, Mashed Potatoes & Gravy, Dressing, Corn, Sweet Potatoes, Cranberries, Cookie Salad & Dinner Roll	17	18
19	20 Scrambled Eggs & Toast Sweet & Sour Popcorn Chicken & Green Beans	21 Bagel or Toast & Cereal Pepperoni Pizza & Corn	22 Bagel or Toast & Cereal Corn Dogs & Tritater	23 No School hAPPY thANKS gIVING	25	25
26	27 Pancakes & Fruit Chicken Sandwich & Sweet Potato Fries	28 Bagel or Toast & Cereal Macaroni and Cheese & Hot Dogs	29 French Toast Sticks Warbird Subs & Baked Beans	30 Bagel or Toast & Cereal Chicken Noodle Soup, Hot Ham & Cheese Sandwich		

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