



<u>MEAL PRICES</u>	
<u>BREAKFAST</u>	<u>LUNCH</u>
K-4 \$1.30	K-4 \$2.65
5-12 \$1.30	5-12 \$2.90
Adult \$1.55	Adult \$4.40
Extra Milk \$.40	Extra HS meal \$1.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Bagel or Toast & Cereal Hamburger on WG Bun, Potato Smiles, & Fruit	2 Bagel or Toast & Cereal Italian Dunkers, Marinara Sauce, Rosy Applesauce & Fruit	3 Bagel or Toast & Cereal Peperoni Pizza, Potato Salad, Jello & Fruit	4	5
6	7 Scrambled Eggs & Toast Meatballs, Mashed Potatoes, Gravy & Dinner Roll	8 Bagel or Toast & Cereal Super Nachos, Black Bean Salsa & Mandarin Oranges	9 Blueberry Muffin & Yogurt Breakfast For Lunch French Toast Sticks, Sausages & Banana	10 Pancakes & Fruit Sloppy Joes, Baked Beans, Fruit & Romaine Lettuce	11	12
13	14 French Toast Sticks Hot Dogs, Chili & Cheese, Fruit & Romaine Lettuce	15 Bagel or Toast & Cereal Mini Corndogs, Tritater, Fruit Salad, Romaine Lettuce	16 Biscuits & Gravy & Fruit Walking Taco, Corn, Roasted Garbanzo Beans & Fruit	17 Rolls & Fruit Chicken Sandwich, Sweet Potato Fries & Fruit	18	19
20	21 Cooks Choice	22 Cooks Choice Cold Meat Sandwich, Tritater, Baked Beans & Fruit	23 Cooks Choice Peanut Butter & Jelly Sand- wiches, Chips & Fruit	24	25	26
27	28	29	30	31		

**** Chef Salads are offered every day ****

Unlimited fruits and vegetables are included in the lunch menu daily

Milk, orange juice or apple juice is served with breakfast daily

FRESH VEGETABLE CHOICES:

CAULIFLOWER, BROCCOLI, LETTUCE, PEPPERS, CARROTS, AND SPINACH LEAVES

FRESH FRUIT CHOICES

APPLES & ORANGES

MILK CHOICES

1% AND FAT FREE WHITE MILK WITH THE LUNCH MENU EVERYDAY!

FAT FREE CHOCOLATE MILK WILL ALSO BE A CHOICE ON THE LAST DAY OF THE WEEK.