

November



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cereal, Bagel, Fruit, Juice & Milk Hamburger, Tritater, Fruit & Milk	3 Yogurt, Granola, Fruit, Juice & Milk Chili, Corn Bread, String Cheese, Fruit & Milk	4 Pancake/Sausage on a Stick, Fruit, Juice & Milk Chicken Fajitas, Roasted Peppers & Onion, Corn, Fruit & Milk	5 Rice Krispie Bar, Yogurt, Fruit, Juice & Milk Hot Dogs, Chili, Fruit & Milk	6	7
8	9 Pancakes, Fruit, Juice & Milk Goulash, Green Beans, Bun, Fruit & Milk	10 Blueberry Muffin, Yogurt, Fruit, Juice & Milk Tomato Soup, Grilled Cheese, Fruit & Milk	11 Biscuit & Gravy, Fruit, Juice & Milk Sloppy Joes, Tritater, Fruit & Milk	12 Cereal, Toast, Fruit, Juice & Milk Pepperoni Pizza, peas, Jello, Fruit & Milk	13	14
15	16 French Toast Sticks, Fruit, Juice & Milk Nachos, Black Bean Salsa, Mandarin Oranges & Milk	17 Scrambled Eggs, Toast, Fruit, Juice & Milk Warbird Sub, Baked Beans, Chips, Fruit & Milk	18 Rolls, Fruit, Juice & Milk Italian Dunkers, Marinara Sauce, Rosy Applesauce & Milk	19 Blueberry Muffin, Yogurt, Fruit, Juice & Milk Ham, Mashed Potatoes & Gravy, Stuffing, Corn, Sweet Potatoes, Bun, Salad, Milk & Cranberry Sauce	20	21
22	23 Cereal, Bagel, Fruit, Juice & Milk Chicken Tenders, Mashed Potatoes & Gravy, Bun, Fruit & Milk	24 Oatmeal Breakfast Bar, Fruit, Juice & Milk Tacos, Refried Beans, Fruit & Milk	25 Biscuit & Gravy, Fruit, Juice & Milk Chicken Noodle or Potato Soup, Hot Ham & Cheese, Fruit & Milk	26	27	28
29	30 Pancake/Sausage on a Stick, Fruit, Juice & Milk Chicken Patty Sandwich, Sweet Potato Fries, Fruit & Milk					